

Art & Practice of Spiritual Direction

Session 5: Directing Another in Prayer

July 10, 2021

All times are listed in Pacific Time

As with all retreats, times are flexible and may be adjusted along the way.

- 8:50** Zoom opens
- 9:00** Opening Ritual
- 9:02** Opening Prayer: *A Shovel is a Prayer* (8 min.)
- 9:10** *The Cone* (10 min.)
- 9:20** *Reflection on my Prayer: Drawing image/experience of God* (20 min.)
- 9:40** *Intern Dyad Break Outs: Share and journal Reflection on my Prayer* (25 min.)
- 10:05** *Break* (10 min.)
- 10:15** Large Group: *Images and Definitions* (20 min.)
- 10:35** St. Augustine: *You Shattered my Deafness* (10 min.)
- 10:45** *Core Beliefs and Assumptions about Prayer* (20 min.)
- 11:05** *Mentor Groups: The Three Ways of Prayer* (30 min.)
- 11:35** *Lunch!* (Review Case Study) (90 min.)
- 1:05** Large Group: Augustine prayer as song: *Johnna Peterson* (5 min.)
- 1:10** *The Spiritual Senses* (7 min.)
- 1:17** *Directing Prayer* (20 min.)
- 1:35** *Mentor Groups: Case Study - Directing Another in Prayer* (30 min.)
- 2:05** *Break* (10 min.)
- 2:15** Large Group: *Praying for Others: A Contemplative Approach* (30 min.)
- 2:45** *Journal the Day* (5 min.)
- 2:50** *Reminders and Closing Ritual* (10 min.)
- 3:00** End

What's Next?

- Mentor group meeting with Quads; supervision and direction meetings
- Reflection paper (due July 22)
- Assignments for September (!): Keep checking the assignment page
- Finish reading *Holy Listening* and *Into the Silent Land* plus other reading ahead
- Resources handouts, audios and videos
- Continue looking for directees, if necessary

Course Website:

<https://mercyis.org/art-and-practice-online-course/>

Password: **APListen2021**

