

# Art & Practice of Spiritual Direction

## Session 6: Psychology and Spiritual Direction

### Participant Flow

September 11, 2021

All times are listed in Pacific Time

As with all retreats, times are flexible and may be adjusted along the way.

- 8:50** Zoom opens
- 9:00** Opening Ritual: *Sacred is the Call*
- 9:02** Opening Prayer: *The Serenity Prayer* (8 min.)
- 9:10** Large Group: *Reflecting on practice during time apart* (20 min.)
- 9:30** Large Group: *Reflecting on Bisson part 1* (30 min.)
- 10:00** Mixed Breakout Groups: *Case Study - George's Story* (30 min.)
- 10:30** Break (10 min.)
- 10:40** Large Group: *Reflecting on Bisson part 2* (30 min.)
- 11:20** Mixed Breakout Groups: *Discuss Ch. 8 & 9, Sacred is the Call* (40 min.)
- 12:00** Lunch! (90 min.)
- 1:30** Large Group: *Turn my Heart, O God: Haugen* (5 min.)
- 1:35** Large Group: *Discussion of Chapter 6, Ruffing* (20 min.)
- 1:55** Mentor Groups: *Experiences of Transference/Counter-Transference* (30 min.)
- 2:25** Large Group: *Responding to Transference/Counter-Transference* (20 min.)
- 2:45** Journal the Day (5 min.)
- 2:50** Reminders and Closing Ritual (10 min.)
- 3:00** End

#### What's Next?

- Mentor group meeting with Quads; supervision and direction meetings
- Reflection paper (due September 23)
- Assignments for October (!): Keep checking the assignment page
- Select a book from the November reading list to present at November Mentor Group
- Resources handouts, audios and videos
- Continue looking for directees, if necessary

#### Course Website:

<https://mercyis.org/art-and-practice-online-course/>

Password: **APListen2021**